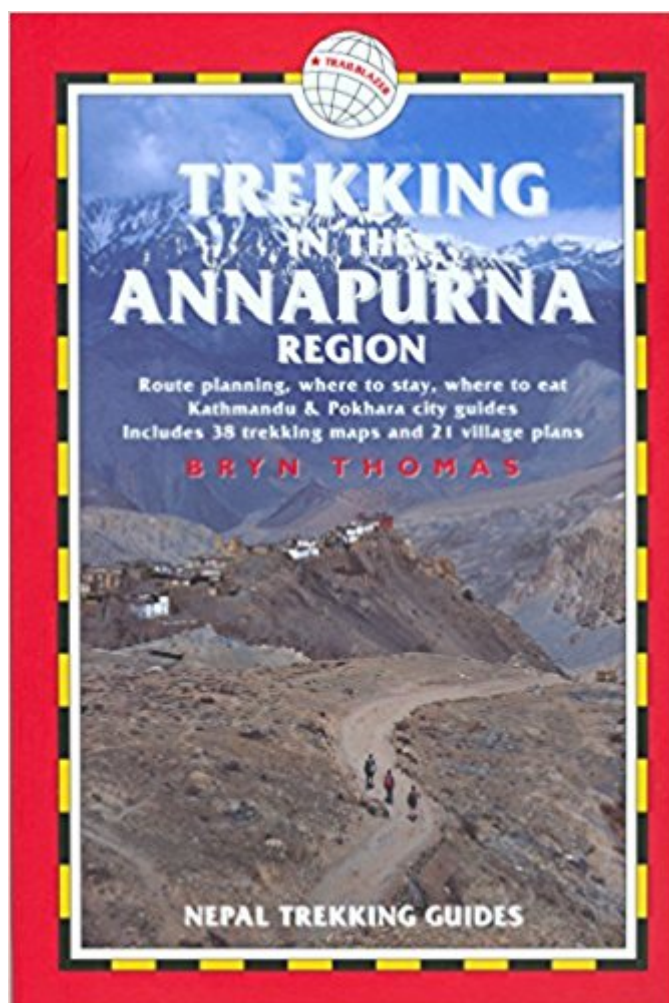


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# Trekking In The Annapurna Region, 4th: Nepal Trekking Guides



## Synopsis

Following the Kali Gandaki River through the world's deepest valley, an ancient Tibetan trade route cuts across the Annapurna region. It's an area of astounding natural beauty ranging from lush rice fields in the south to the high-altitude desert plateau in the north, past Himalayan peaks of over 26,000 ft. This fully revised and expanded fourth edition includes fifteen village plans and forty-five route maps covering these classic treks: >Annapurna Circuit>Annapurna Sanctuary>Pokhara to Poon Hill>Pokhara-Jomsom-Muktinath>Tilicho Tal>Dhaulagiri Ice-fall>Plus- Manang Valley hikes, Siklis Eco-Trek, day walks from Jomsom, and an introduction to trekking peaks in the Annapurna region

## Book Information

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## Customer Reviews

"Excellent guide."--The Bookseller  
"Good guides read like a novel and have you packing in no time. Trekking in the Annapurna Region falls into this category...As much fascinating detail...as practical information."--Today  
"1st class trekking guide."--Adventure Travel magazine (UK)  
"A good read...The guide differs from other trekking guides in its detail...Attractively illustrated."--The Herald  
"Very fine guide."--Traveller magazine  
"A very detailed and informative guide."--High magazine

Bryn Thomas was born in Zimbabwe where he grew up on a farm. Since graduating from Durham University with a degree in anthropology, his travel on five continents has included a Saharan journey in a home-built kit-car, a solo 1500 mile cycle ride through the Andes, seven Himalayan

treks, and 25,000 miles of rail travel. In 1992 he set up Trailblazer, to produce the series of route guides for adventurous travelers that has now grown to almost thirty titles.

Likely completely outdated as far as prices and individual hotels etc. go, but the description of the trail, and trail maps are nice sketches, focusing on the trail and some interesting features. The time scale at the edge of the map is ingenious in my opinion. It allows you to look at distance information on the map itself, but also gives you an estimate on how long the hike is likely to take you at the margins. In any case, it is a good read.

This guide is all you need for the Annapurna. Beats the pants off Lonely Planet. Great maps, highlights, places to stay, etc.; small and lightweight; good gear list for preparing, info on when to go; bits on Kathmandu and Pokhara. We hiked the entire circuit and used Bryn several times each day.

I purchased this book in preparation for a trip. Going to trip tomorrow so this review is written before the trip. This is a very good book for somebody who is planning to do a trip in Annapurna region in Nepal. The book is good in size so fits well into a day-pack. Very good and relevant information with detailed maps of many treks that you can take, solid advice on medical aid, hotels, things that you allowed to do and things that should not be done. This is not a book about history or details of which tourists attractions to see - there are highlights and short description on these. Overall, it is a great book for the backpack traveler in Nepal.

Get this book if you plan to hike the Annapurna trail. Contains detailed information you can't find in the other travel books on the little villages you encounter on the trail along with a handsketched map. The only negative I have is the book is out of date. It was last updated in 2005. Progress is occurring extremely fast on certain parts of the trail. I'm still wondering how they built a road in Jomsom, but doesn't connect all the way to the bottom. Hike now before the place becomes a super highway.

This is definitely the best guidebook to carry while trekking in the Annapurna region: loads of maps with most of the teahouses labeled, accurate times for both directions, interesting cultural information, small so as to make it more portable, and fairly up to date. I used it in November 2007, so there are some changes as one would expect, but still is excellent. Highly recommend!

Maps included,very detailed

good book!

This book was all I needed for my trek around the Annapurna circuit in November 2008. Buy it and you will be more than fine on your journey.

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